

NCHC Volunteer NEWSLETTER

HARVEST OF HOPE

Our Fall Volunteer Newsletter

The air is growing crisp and the leaves are changing, signaling a season of change and reflection. As we welcome the beauty of fall, we want to express our deepest gratitude for our incredible volunteers. Your commitment throughout the summer made a great impact on those that we serve at North Central Health Care, and we are so grateful for every hour you dedicated to our program. The arrival of Autumn brings a renewed sense of energy, and we are excited to embark on another fun and memorable season with all of you. In this issue we will take a look back at our summer achievements and give you a sneak peek at all the ways that you can get involved this fall. From trips to Helene's apple Orchard to celebrating Halloween and Christmas, we will have a lot of new and exciting volunteer opportunities this Fall. Your passion and enthusiasm are truly contagious, and we can't wait to see what we'll accomplish in the months ahead.

Our Vision

The vision of North Central Health Care Volunteers is to be recognized as a leader in providing innovative and rewarding volunteer and donor opportunities to help advance the mission of North Central Health Care: Serving our community through accessible, specialized care.



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Upcoming Volunteer Opportunities & Events

October

Thursday, Oct. 2	1:30-3:30	Entertainment w/ Sound Crossing	Community Room
Friday, Oct. 10	9:45-11:30	Music w/ Tom Burt	Community Room
Monday, Oct. 13	1:30-3:30	Homecoming Hayride Hoopla	Community Room
Thursday, Oct. 16	9:45-11:30	Lg Group Hoedown Bingo (LTC/T2)	CR or Outside
Thursday, Oct. 16	1:30-3:30	Homecoming Hoedown: County	Community Room
Thursday, Oct. 23	1:30-3:30	Rhythm and BOOs w/ DJ Don	Community Room
Friday, Oct. 24	9:00-3:30	Entertainment w/ Dan Gruetzmacher	Community Room
Thursday, Oct. 30	9:45-11:30	Halloween's Eve Party (LEA)	Community Room
Thursday, Oct. 30	1:30-3:30	Grandfriends: Moster Bash	Community Room
Friday, Oct. 31	2:45-5:30	Trick-or-Treating	Community Room

November

Friday, Nov. 7	1:30-3:30	Corn Husks and US w/ DJ Don	Community Room
Tuesday, Nov. 11	9:45-11:45	Veteran's Day Program	Community Room
Friday, Nov. 14	1:30-3:30	Music w/ Phil John	Community Room
Thursday, Nov. 20	1:30-3:30	Deer Season Movie Matinee	Community Room
Friday, Nov. 21	1:30-3:30	Grandfriends: Joyfully Grateful	Community Room
Monday, Nov. 24	1:30-3:30	Gobble Palooza (LEA)	Community Room
Tuesday, Nov. 25	9:45-11:30	Music w/ Tom Burt	Community Room

December

Monday, Dec. 8	1:30-3:30	Music w/ Larry Jankowski	Community Room
Thursday, Dec. 11	9:00-11:30	Holiday Bake Sale	Lobby
Thursday, Dec. 11	1:30-3:30	Santa All the Way w/ DJ Don	Community Room
Friday, Dec. 12	9:45-11:30	Music w/ Tom Burt	Community Room
Friday, Dec. 19	1:30-3:30	Grandfriends: Reindeer Games	Community Room
Monday, Dec. 22	1:30-3:30	Christmas Caroling	Bistro Lobby
Friday, Dec. 20	1:30-3:30	Rockin' New Year's Celebration (LEA)	Community Room



Welcome to the Team!



Linda Bever



Emily Beck



Will Slover



Lindsay Nielsen

New Volunteers Welcome

Do you know someone who would be a great volunteer? Share your volunteer experiences with your friends and family and invite them to join our team. Please encourage them to contact the Volunteer Services office at 715-848-4450 or smesenberg@norcen.org. We would love to speak with them and bring them onto our team! Information can also be found on our North Central Healthcare website @ www.norcen.org

Areas of Need

Special Friends

As the weather is starting to change and our residents aren't able to get outside to enjoy the fresh air and sunshine, we are looking for volunteers to help by doing 1 on 1 visits with the residents. The change of season can leave residents feeling isolated. We are looking for volunteers to come in and spend time with residents that would enjoy some company. Whether it be playing a game, doing crafts, or simply just having a conversation, being a special friend can help to improve the wellbeing of many of our residents during the fall/winter season.

Mount View Trick-or-Treating

Friday, October 31st | 3:00pm -5:00pm

Spread the word!! Mount View Care Center is hosting a spook-tacular Trick-or-Treating event this Halloween. Little ones can trick-or-treat through the Mount View Community Room, delighting the residents with their costumes and spreading Halloween joy. Our residents eagerly await this annual tradition, and the childrens' visits bring smiles and happiness to all. Join us for this spooky night of community spirit.

Bingo

We are currently looking for one volunteer to help with bingo on Monday afternoons from 1:30pm-3:30 pm. Bingo will be held in the dining room on 2N/2S. If you are able to help with even one Monday, please contact volunteer services to let us know.



Mission Statement

Our volunteers are committed to providing quality services for our residents and clients. Our programs are aimed at creating a warm, friendly, home-like environment with a genuine concern for the dignity and special needs of each individual. Volunteers enable clients and residents to have programs and events within our organization and in the community.



Natalie Brenner

Are you a Veteran?

As a tribute to our esteemed Veterans, we extend a heartfelt invitation to our annual Veteran's Day Program. This special event is scheduled for Tuesday, November 11th, 2025, at 10:15am. If you wish to be honored during this occasion, kindly reach out to our volunteer office. Share with us your service details, including when you served and the branch of Military you served in. We deeply appreciate your dedicated service to our nation.

Thank you for your service.



VOLUNTEER SPOTLIGHT

*Highlighting Alan Tepp, Kappy Molling
and Debbie Legenza*



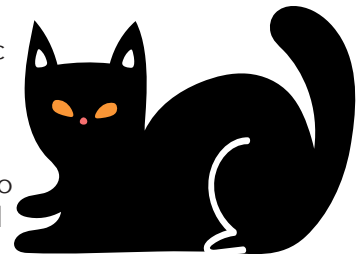
Each week, a dedicated group of volunteers brings comfort and compassion to the residents that call North Central Health Care their home. Every Wednesday, they selflessly give their time to serve our Catholic Church Service, offering not just spiritual nourishment, but also warmth, friendship, and a sense of community. Their quiet, consistent commitment is a powerful example of living out our faith through action.

This week, we're honored to shine a spotlight on three remarkable individuals who embody the spirit of service and bring so much light to the lives of others: Alan Tepp, Debbie Legenza, and Kappy Molling. Their work reminds us that small acts of kindness, done consistently, can make a world of difference in the lives of those we serve.



Alan Tepp:

Alan has been volunteering at NCHC for 15 years. He helps with bringing residents to and from Catholic Church Service as well as leading the Rosary. Alan says his favorite part about volunteering is the smiles on the residents faces when they go to get them for church, as well as his visits with a specific resident who is always first to arrive. Alan is married with 4 kids and 8 grandkids.



Debbie Legenza:

Debbie has been a volunteer at NCHC for 6 years, helping with Catholic Church Service. She says her favorite part of volunteering is being able to spend time with the residents, and seeing no matter who we are, we walk together. When asked what her most memorable experience as a volunteer has been Debbie recalls, "I was taking a resident back to their room and got lost. That resident guided me with trust and together we found their room." Don't worry Debbie, you are not the first to get lost and certainly won't be the last. Debbie wanted to express how great it is to be able to see such wonderful care the residents are given. Debbie is married with 4 daughters and 8 grandchildren. In her free time she loves spending time with her grandchildren and watching how quickly they grow.



Kappy Molling:

Kappy has been volunteering at NCHC for 21 years!!! She has volunteered in the beauty shop, helped with bingo, Prom's, fair outings, outings to restaurants, accompanied residents to appointments, and of course every Wednesday helps with Catholic Church Service. When asked what the best part of volunteering is, Kappy stated "doing something for others." Kappy's most memorable experience as a volunteer is letting a resident eat whatever they wanted at the fair, which included 3 ice cream cones ! Kappy is widowed twice, has 3 boys, 3 grandsons, 4 great grand children, 8 step kids, 8 step grand kids, and 8 step great grandchildren.



HEARTFELT GIFT SHOP

Discover a delightful array of new and distinctive items at the Heartfelt Gift Shop, just in time for the upcoming Fall and Winter seasons. Embrace the spirit of Autumn, and charming plaid gnomes, glittering pumpkins, exquisite leaf-patterned scarves, and of course the cute and cuddly highland cows. If winter is more to your taste, explore our collection of crimson trees, cheerful snowmen, and enchanting light-up landscapes. Whether you're seeking practical essentials or whimsical treasures, the Heartfelt Gift Shop is your ideal destination for holiday shopping.

Volunteers Birthday

October:

Liz Rossiter: 10/8
 Jim Nowitski: 10/29
 Bonnie Glasel: 10/31

November:

Kappy Molling: 11/2
 Linda Bever: 11/11

December:

Jill Austin: 12/14
 Cindy Schultz: 12/19
 Jeffery Binversie: 12/20

Volunteers Anniversaries

October:

Kappy Molling: 21 years
 Grant Johnson: 14 years
 Peter Geueke: 9 years
 Mary Pat Cambell: 7 years

November:

Carolyn Wilde: 5 years
 Ally Langhoff: 1 year
 Donna Wesnick: 1 year

December:

Robert Bessette: 10 years



LIFE ENRICHMENT SPOTLIGHT

Highlighting Christina Pretorius

In every smile, every laugh shared, and every quiet moment of comfort, we see the incredible hearts of our Life Enrichment Aides. More than just a job, their work is a calling; a daily commitment to brightening the lives of our residents. Through engaging activities and a genuine spirit of caring, they don't just fill days, they enrich lives. We are proud to shine a spotlight on one such person, Christina "Tina" Pretorius.

Tina has been employed at NCHC for 20 years. She has filled many roles including, CNA, Spa aide, Life Enrichment Aide and massage therapist. Tina has been working as an LEA for 4 years; she began to work as a Life Enrichment aide as she came to realize that she was ready for a change. She loves seeing the residents faces light up with joy when they go out into the community or enjoy new things.

Tina is married with 3 kids who keep her busy! She also has an African Grey Parrot (who is quite chatty from the stories I have heard), and 3 dogs. In her free time Tina enjoys gardening, painting, going for walks, foraging for mushrooms on their land, and camping at the lake.

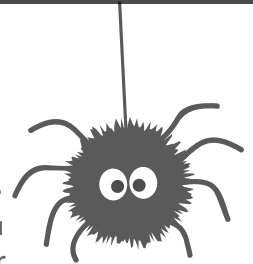
When asked what her favorite memory since working in the life enrichment program is, she says it was the Ice Age Trail outing and being told that she is the "calm in the storm". Thank you, Tina, for all you do. Your unwavering commitment to our residents' lives is truly commendable, and we thank you for your outstanding work. The residents and your fellow co-workers are glad to have you on the team.



Volunteer Reminders

Call Lights:

As a reminder, when we are returning residents back to their units following a program or outing, please ensure that you are giving them their call lights before you leave them. When you take a resident back to their room, they need to have their call light accessible in order to call for staff when they have a need. If you have any questions about this process, please reach out to volunteer services or ask a staff member.



Flu Shots:

Cold and Flu season will be upon us before we know it. We ask volunteers to consider getting vaccinated. Vaccination is not required to volunteer however, a declination form will need to be signed if you choose to not get the vaccination. Flu shots will be provided at no cost to all volunteers. Flu vaccination dates/deadlines to be announced. We are anticipating that we will begin this process around the first week of November. Dates will be posted outside the volunteer office.

TB updates:

If you have not returned your TB update form that was sent in the mail, please return it to the volunteer office as soon as possible. This update needs to be completed annually by every volunteer.

Resident Sign Out:

Please remember to sign residents out when taking them off from their unit. This is to ensure the safety and whereabouts of the residents. Please ask for staff assistance if you do not know a residents' name. When bringing a resident back to their unit, please also sign them back in.



HOLIDAY GIVING PROGRAM

Although it may seem far away, the Christmas season is fast approaching. We at NCHC try to make the holiday season joyful for each of our clients/patients/residents at NCHC. Each year we provide gifts to all that call NCHC their home, or who receive service here. The Life Enrichment Team and Volunteer Services have already begun to prepare for the upcoming holiday season. If you would be interested in "adopting" a client, resident, or patient, or would like to give a donation from our general donation list please reach out to Volunteer Services.



Halloween Candy Donations

Halloween is quickly approaching, and the activity department is in need of small wrapped candies for our annual safe trick-or-treating, which will take place Friday, October 31 from 3:00pm-5:00pm.

Candy donations can be dropped off at the Guest Services Desk, Volunteer Office, or with a Life Enrichment Team Member.

Any questions can be directed to Melissa Stockwell.

mstockwell@norcen.org OR 715.841.5104

Thank you for your generosity and kindness!

Trick or Treat

North Central Health Care

HOLIDAY DONATION SUGGESTIONS

Below are donation suggestions for clients and residents of North Central Health Care. These items will directly benefit individuals and families receiving services. Donations will be delivered to Mount View Care Center, Community Treatment for Children and Adults, Behavioral Health Hospitals (Youth & Adult), Crisis Stabilization (Youth & Adult) and Outpatient clients in Wausau, Merrill and Antigo.

**Items with an asterisk are most needed.*

Personal Items

- Wallets and Coin Purses
- Sweat shirts - all sizes: S - 4XL (Mens & Womens)
- WARM winter gloves and mittens* - Kids as well
- Winter caps and scarves
- Sweat pants* (S - 4XL) (Mens & Womens)
- Men's Undershirts, Underwear* - S - 4XL
- Women's Underwear* - S - 4XL
- Costume jewelry*, necklaces especially with long chains
- Rubber soled slippers only - all sizes
- Baseball Caps
- Fleece blankets
- Reading Glasses (Variety of Powers)
- Mens & Womens Socks

Toiletries

- Body wash*
- Shampoo & conditioner*
- Hair accessories (brushes, barrettes, hair ties, rattail combs)
- New Make-up (lipstick, ChapStick, etc.)
- Men's shaving items*
- Hand Cream* - small or medium bottles only
- Deodorant* (predominantly Men's)
- Nail Polish*, polish remover, cotton balls
- Cologne* for men and women or Aftershave
- Disposable Razors* for men and women
- Small bottles of dish soap or bleach
- Cleaning Supplies

Unique Suggestions

- Anything Green Bay Packers, Badgers, Brewers, Bucks
- Cans of Soda (caffeine-free only)
- Small packages of snacks, gum and candies (sugar-free or regular)
- Gift Certificates to McDonald's, Subway, Walmart, Kwik Trip, Target, Gas Cards, etc.
- Kitchen dish towels
- Towel sets: 1 bath towel, 1 hand towel, 2 wash cloths
- Boxes of Chocolates (must be sealed)
- Movie Theater Gift Cards
- Insulated Mugs
- Water Bottles w/ Straws

Recreation/Craft

- New 100-300 pieces or less Puzzles or therapeutic puzzles with large pieces*
- Word Search* and Crossword Puzzle Books
- Adult Coloring Books
- Colored pencils, markers, crayons
- Trinkets (almost any small object) for Bingo prizes
- Inexpensive canvases (all sizes), art paint & brushes
- Tissue Paper
- Pony Beads
- Pens or Pencils
- Christmas Gift Bags for Wrapping (Medium & Large)
- Christmas Wrapping Paper
- Journals
- Fidgets

Interested in adopting a client or creating a Giving Tree at your organization or business for the holidays?

Please, contact the NCHC Volunteer Office at
715.848.4450 or **volunteer@norcen.org**

Thank You For Your Generous Support!



EVENT PHOTOS

Check us out in the community



FISHING & WOODCHUCKS



County Fair & Steam Show





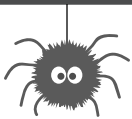
"We want to thank all of the volunteers for their hard work and dedication to our residents and for the help they provide our staff as well. Thanks a bunch"-

*-Mount View
Care Center Staff*

BOO

Remember to Sign in!

Please help us to collect your volunteer hours. This is very important to our records! Your help with this is greatly appreciated. Sign in sheets are located in the main entrance of the tower at the Guest Services desk. Reminder you only need to sign your name once to the sheet and mark your hours under the corresponding date that you are volunteering..



Volunteer Office Contact Information

PHONE: 715.848.4450 | EMAIL: Volunteer@norcen.org
ADDRESS: Volunteer Services Office, 2400 Marshall Street, Suite B



715.848.4450 or
volunteer@norcen.org

Contact the Volunteer
Services Office to refer:

Do you know someone
who would be a great
NCHC volunteer?

*Become a Giver &
Watch the Magic!*



North Central Health Care
Person centered. Outcome focused.
2400 Marshall Street, Suite B.
Wausau, Wisconsin 54403

